

# All Patients

---

Record ID \_\_\_\_\_

## General Questions

---

Is the injury on your dominant side?

- Yes  
 No

---

How many times have you dislocated your shoulder?

- Never  
 Once  
 2-5 times  
 6-10 times  
 More than 10 times

---

Please indicate your smoking status

- Never smoked (less than 100 cigarettes in lifetime)  
 Ex-smoker (at least 100 cigarettes in lifetime)  
 Irregular smoker (less than weekly)  
 Weekly smoker (every week but not everyday)  
 Daily (everyday)  
(including significant smoking history)

---

What is your occupation?

\_\_\_\_\_

(If you are retired, please write "retired")

---

What was your previous (pre-injury) level of work?

- Not working  
 Light  
 Moderate  
 Strenuous

---

What is your current level of work?

- None  
 Light  
 Moderate  
 Strenuous

---

If applicable, what is your main sport?

\_\_\_\_\_

(ie Rugby/Cricket/Basketball/Swimming etc.)

---

If applicable, what level of competition do you play at in your main sport?

- Hobby  
 Club  
 Semi-Professional (State for Under 18s)  
 Professional Athlete (Nationals for Under 18s)

---

If applicable, what is your current level of sports participation (compared to normal)?

- None  
 Conditioning (cardio/gym, but not training in your sport)  
 Partial Return to Sport (training in your sport, but not return to competition)  
 Full Return to Sport



**Clinical Scores (Patient-Rated Outcome Measures)**

VAS Pain (All Patients)

How painful is your shoulder/elbow (whichever is injured) on a scale of 0-10?  
 (Note: 0 = no pain, 10 = worst possible pain)

0 (No Pain at All)    1    2    3    4    5    6    7    8    9    10 (Worst Pain Possible)

VAS Stiffness (All Patients)

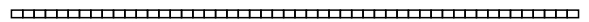
How stiff is your shoulder/elbow (whichever is injured) on a scale of 0-10?  
 (Note: 0 = no pain, 10 = worst possible pain)

0 (No Stiffness at All)    1    2    3    4    5    6    7    8    9    10 (Worst Stiffness Possible)

SSV (All Patients)

How would you rate your affected shoulder/elbow (whichever is injured) today versus when it was normal, on a scale from 0%-100%?

Not normal at all Normal



(Place a mark on the scale above)

**American Shoulder & Elbow Surgeons (ASES) Score**

	Unable to do	Very difficult to do	Somewhat difficult	Not difficult
Is it difficult for you to put on a coat?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Is it difficult for you to sleep on the affected side?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Is it difficult for you to wash your back/do up bra?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Is it difficult for you manage toileting?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Is it difficult for you to comb your hair?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Is it difficult for you to reach a high shelf?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Is it difficult for you to lift 10lbs. (4.5kg) above your shoulder?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Is it difficult for you to throw a ball overhand?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Is it difficult for you to do your usual work?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Is it difficult for you to do your usual sport/leisure activity?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

ASES Score (Calculated)

\_\_\_\_\_



**Brief Resilience Scale**

	Strongly disagree	Disagree	Neutral	Agree	Strongly agree
I tend to bounce back quickly after hard times	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a hard time making it through stressful events	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It does not take me long to recover from a stressful event	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It is hard for me to snap back when something bad happens	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I usually come through difficult times with little trouble	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I tend to take a long time to get over set backs in my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

