Oxford Elbow Score

Record ID

_____

Oxford Elbow Score

Have you had difficulty lifting things in your home, such as putting out the rubbish, because of your elbow problem?
- ○ No difficulty
- ○ A little bit of difficulty
- ○ Moderate difficulty
- ○ Extreme difficulty
- ○ Impossible to do

Have you had difficulty carrying bags of shopping, because of your elbow problem?
- ○ No difficulty
- ○ A little bit of difficulty
- ○ Moderate difficulty
- ○ Extreme difficulty
- ○ Impossible to do

Have you had any difficulty washing yourself all over, because of your elbow problem?
- ○ No difficulty
- ○ A little bit of difficulty
- ○ Moderate difficulty
- ○ Extreme difficulty
- ○ Impossible to do

Have you had any difficulty dressing yourself, because of your elbow problem?
- ○ No difficulty
- ○ A little bit of difficulty
- ○ Moderate difficulty
- ○ Extreme difficulty
- ○ Impossible to do

Have you felt that your elbow problem is "controlling your life"?
- ○ No, not at all
- ○ Occasionally
- ○ Some days
- ○ Most days
- ○ Every day

How much has your elbow problem been "on your mind"?
- ○ No, not at all
- ○ Occasionally
- ○ Some days
- ○ Most days
- ○ Every day

Have you been troubled by pain from your elbow in bed at night?
- ○ No, not at all
- ○ 1-2 nights
- ○ Some nights
- ○ Most nights
- ○ Every night

How often has your elbow pain interfered with your sleeping?
- ○ Not at all
- ○ Occasionally
- ○ Some of the time
- ○ Most of the time
- ○ All of the time

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How much has your elbow problem interfered with your usual work or everyday activities?	◯ Not at all ◯ A little bit ◯ Moderately ◯ Greatly ◯ Totally

Has your elbow problem limited your ability to take part in leisure activities that you enjoy doing?	◯ Not at all ◯ Occasionally ◯ Some of the time ◯ Most of the time ◯ All of the time

How much has your elbow problem interfered with your usual work or everyday activities?	◯ No pain ◯ Mild Pain ◯ Moderate Pain ◯ Severe Pain ◯ Unbearable

How much has your elbow problem interfered with your usual work or everyday activities?	◯ No pain ◯ Mild Pain ◯ Moderate Pain ◯ Severe Pain ◯ Unbearable

Oxford Elbow Pain (Calculated):

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Oxford Elbow Function (Calculated):

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